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# Men's Private Parts: A Pocket Reference To Prostate, Urologic, And Sexual Health





## **Synopsis**

This is an essential guide for men's most pressing health questions that no man--or woman who lives with him--should be without. Dr. James H. Gilbaugh, Jr., a board-certified urologist and fellow of the American College of Surgeons with twenty-five years of clinical practice, presents the latest medical information for men in a straightforward, friendly, and accessible style. In addition to putting locker-room misconceptions to rest, he offers the best, most up-to-date medical advice on, for example, prostate problems, healthy sexual function, and sexually transmitted diseases as well as plain explanations of the workings of the unique male system. --This text refers to the MP3 CD edition.

#### **Book Information**

**Audible Audio Edition** 

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Whispersync for Voice: Ready

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Best Sellers Rank: #16 in A A Books > Health, Fitness & Dieting > Men's Health > Prostate Health

#18 inà Â Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Cancer > Prostate

Disease #26 inà Â Books > Medical Books > Medicine > Internal Medicine > Urology

### Customer Reviews

This was a very well written book. The author makes things very clear and goes into detail that I had never knew I wanted to know.

This is a straightforward and utterly sensible book about male plumbing written, in its author's words, "in basic, everyday, real-people language." Its author is a urologist and has a keen sense of his patients' insecurities, fears, and areas of ignorance. Men's magazines (in contrast to women's) have traditionally shorted men on information about their sexual organs. Gilbaugh writes that for years patients asked the same questions, and he wished that he could hand them (and their partners) a book that would supply them with what he feels is basic information that is really

essential to health and peace of mind. Gilbaugh has set things right in this book. He is compassionate regarding the worries that patients live with and bring to him. Problems of impotence, penis size, the varieties and causes of erectile dysfunction, vasectomy, the prostate, the bladder, anomalies of the penis and testicles, issues specific to aging, STDs and other dangers and problems are discussed. Gilbaugh addresses drug treatments and surgical procedures (including a section on "Avoiding the Knife"), cancers of the male reproductive organs, Viagra, AIDS, penis function, infections, dysfunction and more. Gilbaugh has an easy approach and is informative but not particularly sciencey. He even quotes Winston Churchill on a urology topic. When asked by an impressionable young man for advice upon entering His Majesty's diplomatic service, the great man "pursed his lips for a moment, then replied. 'Young man, never pass up the opportunity to take a leak.'"This is an informative, quick, and elegantly simple book. If you leave it around, the man of the house just might pick it up and read it from cover to cover, and that would be a very good thing.

i was reading the sample page and i found the last question interesting i don't pee much but i get up at night id like to buy this to know whats on page 12

The urologist who wrote this book has a quick wit and good stories mixed in with lots of good information. This is a good resource that every man should have available.

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